

# Co-Curriculum at Home

Monday 27<sup>th</sup> April - Friday 1<sup>st</sup> May



Dear students and families,

Welcome to [Co-Curriculum @ Home!](#)

I hope you are well and settling into remote learning. Every Monday until we return to school, I will send out some activities that you might like to try at home. While these look a bit different to the at-school co-curricular program, you can still try something new and perhaps join a new activity when we return to school.

In 2020, some of our Co-Curricular activities will also earn you House Points! A new Co-Curriculum House Shield has been added to the Primary and Secondary competitions.

## Challenge Yourself!

- What can you contribute?
- What could you learn and add to your skill set?
- How will you get involved?

## A few important things to note before you engage with these activities:

- Many of these activities are run by third party websites and are shared in good faith.
- Please always exercise caution online.
- Be extra safe for activities that have a practical element or require use of equipment.
- Primary students should check in with a Parent/Guardian first before participating in activities.
- All participation in this program must follow Marymede school rules & Conduct in the Online Environment information sent by Ms Hall.

Hopefully this program will continue to grow over the term. [Send me an email here](#) if you have any requests!

Happy exploring!






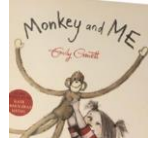

Ms Angie Bedford  
Cultural Co-Curricular Coordinator P-12

[Click here for Years Prep-2](#)







[Click here for Years 3-6](#)

[Click here for Years 7-12](#)








# Years Prep-2 Activities & Competitions

	<h2>Art Club Colouring in Competition!</h2>  <p>The Australian Artist Pete Cromer is known for his very colourful collages of Australian Wildlife. Download and print <a href="#">this colouring sheet</a> of a Galah. Time to get creative by colouring your galah in any colour you like. You may colour it with crayons, pencils, markers or digitally. Scan or photograph your creation and <a href="#">upload it here</a> by this Friday 1<sup>st</sup> May at 5pm. If you don't have access to a printer, you may colour digitally or submit your own drawing of a Galah instead.</p> <p>These will be judged, and House Points allocated to:</p> <p>1<sup>st</sup> place: 15 points 2<sup>nd</sup> place: 10 points 3<sup>rd</sup> place: 5 points</p> <p>Please make sure you write your <b>First &amp; Last Name, Class &amp; House</b> clearly on your submission before uploading it otherwise we cannot judge you. <b>Good luck!</b></p>
	<h2>Make a Lizard Activity</h2> <p>Watch Museum Victoria's clip <a href="#">here</a>, and learn about the lizards we can find at home. Click the link in the description to make your Gecko Climber.</p>
	<h2>Australian Reptiles &amp; Wildlife Live Streams</h2> <p>The Australian Reptile Park are sharing live streams and Animal Tale videos every day. This week you can learn about Flying Foxes and see a King Cobra! Click <a href="#">here</a> for this week's schedule and <a href="#">here</a> for the videos.</p>
	<h2>Cirque Du Soleil</h2> <p>With parental supervision, check out this weird and wonderful circus <a href="#">here!</a></p>
	<h2>Reading Club – Storytime with Kat Kats</h2> <p><a href="#">Join Kat</a> as she reads along from a fabulously fun story each weekday. This week's books include <i>Guess How Much I Love You?</i>, <i>Monkey and Me</i>, <i>There was an Old Lady Who Swallowed a Mozzie</i>, <i>Koala Lou</i> and <i>Good Morning Gumnuts</i>.</p>
	<h2>Primary Choir Online!</h2> <p>Launches next week for current Choir members in Years 1-6.</p>

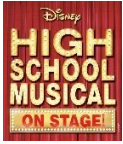
# Years 3-6 Activities & Competitions

	<h2>Science Colouring in Competition!</h2>  <p>Download and print <a href="#">this colouring sheet</a> about the <b>Respiratory System</b>. Learn all about your wonderful lungs while getting creative. Scan or photograph your creation and <a href="#">upload it here</a> by this Friday 1<sup>st</sup> May at 5pm. If you don't have access to a printer, you may colour your online or submit your own drawing of any parts of the Respiratory System.</p> <p>These will be judged, and House Points allocated to:</p> <ul style="list-style-type: none"><li>1<sup>st</sup> place: 15 points</li><li>2<sup>nd</sup> place: 10 points</li><li>3<sup>rd</sup> place: 5 points</li></ul> <p>Please make sure you label your file with your <b>First &amp; Last Name, Class &amp; House</b> before uploading it otherwise we cannot judge you. E.g. "John Smith_4A_Marcellin" Good luck!</p>
	<h2>Arts &amp; Culture</h2> <p>Did you know you can virtually explore some of the world's finest arts collections? <a href="#">Click here</a> to see work from Amsterdam's Van Gogh Museum, New York's MoMa and more! Where will you go this week?</p>
	<h2>Australian Reptiles &amp; Wildlife Live Streams</h2> <p>The Australian Reptile Park are sharing live streams and Animal Tale videos every day. This week you can learn about Flying Foxes and see a King Cobra! Click <a href="#">here</a> for this week's schedule and <a href="#">here</a> for the videos.</p>
	<h2>Cirque Du Soleil</h2> <p>With parental supervision, check out this weird and wonderful circus <a href="#">here!</a></p>
	<h2>Primary Choir Online!</h2> <p>Launches next week for current Choir members in Years 1-6.</p> <h2>Dance Club Online!</h2> <p>Launching soon for Years 3-6.</p>

# Years 7-12 Activities & Competitions

	<p><b>Film: Foley SFX Competition</b></p> <p>Watch <a href="#">this video</a> on how a professional Foley artist creates sound effects for Film. Start exploring ways you can create sounds (safely, with consideration of others) in your home. Next week we will be launching a Foley SFX competition.</p>
	<p><b>Public Speaking Online Competition</b></p>  <p>The DAV are running an online Persuasive Public Speaking Competition. Sign up closes this Friday at 1pm for Years 9-12, so get in fast! Marymede Catholic College will cover the cost of your entry fee. Places may be limited. Please click <a href="#">here</a> to find out more about Registration and Competition Requirements. Every student who submits a speech will receive <b>15 House Points</b>, with more points up for grabs if you make finals. Years 9-12 registration closes this Friday, so please get in fast!</p>
	<p><b>Aladdin the Musical Dance Challenge!</b></p>  <p>Learn the 'Arabian Nights' choreography from <i>Disney's Aladdin the Musical</i> <a href="#">here</a>. Make sure you warm-up first, dress appropriately, and make sure you have a safe space to dance, following all advice in the article. This is open to beginners to advanced dancers across 7-12. Watch the video as many times as you need to learn the routine. Film yourself performing the routine and upload your video (max. 1 minute long) <a href="#">here</a> by Friday 8<sup>th</sup> May at 5pm.</p> <p>These will be judged, and House Points allocated to:</p> <ul style="list-style-type: none"> <li>1<sup>st</sup> place: 60 points</li> <li>2<sup>nd</sup> place: 30 points</li> <li>3<sup>rd</sup> place: 15 points</li> </ul> <p>Don't worry if you're a beginner! We are mainly looking for enthusiasm and focus!</p> <p><b>Please make sure you label your file with your First &amp; Last Name, Year Level &amp; House before uploading it otherwise we cannot judge you. E.g. "Nancy Jones_Year 7_Romero"</b></p> <p>Good luck!</p>
	<p><b>2020 VATE Writing Competition – Creative Writing</b></p>  <p>Students in Years 7-10 are invited to write and submit a short story inspired by the theme Stories for Strange Times. Entries of no more than 1000 words are due by <a href="#">email to Ms Bedford</a> by Friday 29<sup>th</sup> May at 5pm. A \$150 book voucher will be awarded to the winner of each category. Please read the instructions <a href="#">here</a>.</p> <p>All submissions received by the deadline (that met the requirements) will be awarded <b>15 House Points</b>. Good luck!</p>

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## High School Musical Rehearsals

HSM rehearsals are going online this week! Please check your emails for a schedule from Ms Lane.  
*#We'reAllInThisTogether.*



## Theatre & Dance

Many of the world's greatest performing arts companies are streaming some of their works online for free. This week, you can see:

- [The Australian Ballet's Cinderella](#)
- The National Theatre's Adaptation of [Shakespeare's Twelfth Night](#) (Years 10-12)
- Professional Andrew Lloyd Webber Musicals (previous shows included *The Phantom of the Opera*). This week's show is yet to be announced, but you can [watch it here](#) on Saturday morning.
- The Straford Festival's production of [Shakespeare's King Lear](#) (Years 10-12)

Always exercise caution accessing live theatre as they do not follow a traditional classification system like T.V or film. Many of these are streamed from overseas, and may not be online all week in AEST. Click each listing for details.