

HOW TO SEW A MASK

(CENTRE FRONT SEAM and OPENING FOR FILTER)

Cut out 2 x OUTER fabric. (noting on pattern where side is cut)

Cut out 2 x INNER fabric. (same pattern as outer fabric)

Cut out 2 x LINING fabric. (noting on pattern where side is cut)



1. Pin INNER pieces to wrong side on OUTER pieces. Sew together approx. 7mm from raw edge around all 4 sides.
2. With right sides of OUTER pieces together, pin and sew centre front seam. (1cm seam allowance, back stitch at start and end of seam)
3. With right sides of LINING pieces together, pin and sew centre front seam. (1cm seam allowance, back stitch at start and end of seam)
4. Clip small 'V's into 2 centre front seam allowances, approx. every 1cm.
5. Press the 2 centre front seam allowances to one side. Top stitch close to the seam.
6. On side edges of LINING, fold in 7mm and press. Turn in another 7mm and press. Sew approx. 6mm from edge.
7. With right sides together, pin and sew OUTER layer to LINING at top and bottom edges. Match centre front seams. (1cm seam allowance, back stitch at start and end of seams)
8. Clip seam allowance at top and bottom edge, approx. every 1cm.
9. Turn mask right side out. Roll out edges and pin in place. Press.
Note: OUTER layer is now approx. 3cm longer than LINING at side edges.
Edge stitch top and bottom seams.
Start and finish edge stitching at raw side edges of OUTER layer.
10. On side edges of OUTER layer, fold in 7mm and press. Fold in again meeting at finished edge on LINING, press. Sew approx. 1cm from edge, creating a channel for the elastic. Back stitch at start and end. Make sure there is an opening at top and bottom for elastic to be threaded through.
11. Decide if elastic is to go around ears or across back of head. Measure accordingly. Thread through channels. Knot off securely and hide knot in channel.
12. Insert separate filter if being used.

Patterns from <https://www.craftpassion.com/face-mask-sewing-pattern/#face-mask-pattern>