



25 October 2018

FROM THE PRINCIPAL

Dear Parents, Staff, Students and Friends of our Marymede Community,

Our Year 12 students completed their formal Secondary Education yesterday with their Graduation Liturgy at St. Francis of Assisi Church in Mill Park, which was followed by the Valedictory Dinner at Plenty Ranges Arts & Convention Centre. I trust the students and their parents enjoyed the celebrations and we wish our departing Year 12s every blessing.

Setting Term 4 Goals

With Year 12 classes over, some of our younger students are often tempted to think that the end is in sight and lose focus. Indeed, the opposite is the case and I encourage them to set some significant goals for the remainder of the term. These may include increased involvement in class discussion, completing unfinished work, a higher test result or a better assignment. Now is the time to act.

Our Years 10 & 11 students may be surprised to know that their Semester 2 exams begin in less than three weeks. I urge our students to spend the lead-up time thoroughly revising, whether by going over notes, doing additional reading or attempting questions from past exam papers.

Changing of the Guard

The changing of the 'guard' has taken place at the College with the recent appointment of our 2019 Secondary Student Leaders. I gain great energy from listening to their dreams and aspirations as they prepare for their final year of schooling.

Students Not Returning to Marymede in 2019

I ask parents to please let the College know if your son or daughter is not returning to Marymede next year. This information will help us in planning staffing for next year.

LOTE News

This week, seven students from the Okazaki City Region in Japan have been attending classes at our College. A big thank you to our LOTE Domain Leader, Ms Ashleigh Klar, for organising this exchange and to our parents who have generously opened up their homes to the students from Okazaki.

Secondary Awards Evening – 19 November

The Secondary Awards Evening will be held in the College Fitness Centre on Monday 19 November, commencing at 7.00pm. The Awards Evening acknowledges students in Years 7-11 who have excelled through their academic achievement, commitment to their studies or through their contribution in any other way at Marymede.

All of our Years 7-11 students are expected to attend in school uniform.

College Fete – 10 November

Our College Fete returns this year on Saturday 10 November from 11.00am to 4.00pm. The Parents' and Friends Committee, led by President Michael Flint, have worked tirelessly throughout the year planning for this most important College Community event. It would be great if our Marymede families came in large numbers to show support to our P&F.

Students' Grooming

Over the last four years, we have had a strong focus on students wearing the Marymede uniform with pride and meeting the College's grooming expectations. I regularly receive emails from adults in the community congratulating our students on how smart they look in their school uniform. I take this opportunity to thank the vast majority of our parents for your support of the College's Grooming Policy.

It is disappointing however that a small number of parents continue to allow their son or daughter to be in breach of the grooming guidelines which are clearly outlined in the Student Diary.

Mrs Bennett in the Primary School and Mr. Montemurro and the House Coordinators in the Secondary School are spending a great deal of their time following up with those students who are in breach of the grooming guidelines. I ask going forward that all parents please support the College in maintaining the grooming standards we have in place for our students.

Kind Regards,

Mr. Michael Kenny
Principal

DEPUTY PRINCIPAL LEARNING AND TEACHING NEWS PREP – YEAR 12

Booklists

All Families, Prep to 12 - will be able to access booklists for 2019 and can begin ordering resources and stationery for next year. With several current Year 10 & 11 students conditionally enrolled into subjects for next year, we would advise families to hold off on ordering materials for these studies. As soon as Semester 2 examination results are available, we will communicate as quickly as possible with families to either confirm student enrolment in these studies or to discuss alternative subjects or pathways.

Year 9-12 2019 Subject Confirmation

Students in Years 9-12 in 2019 received confirmation of their proposed subjects this week ahead of the released of booklists. Students are allocated to subjects based on the preferences they submitted via the online portal in Term 3. However, if any students would like to apply to make changes to their subjects, Change of Subject Application forms can be collected from the Founders Office.

Year 10-11 Examinations and Commencement

Students in Years 10 & 11 received their examination schedule this week in preparation for the Semester examinations from November 13-16. While students should be well underway in their preparation for examinations, it is worth spending some time to consider the strategies that can prove useful – and gain some extra marks - in the examination room

1. Reading the 'code' of the examination.

As a general rule, the marks allocated to each question offer a guide as to how much information students should include in the answer. As a general rule, one mark is given for each specific point made in the response. As such, if a question is worth 3 marks, students can assume the teacher is looking for a minimum of 4 ideas or pieces of information in the answer. The more marks allocated to a question, the more information or ideas are required or the more complex the response needs to be.

2. Prioritise the questions worth the most marks

Many students make the mistake of working from the beginning to the end of an examination, completing questions in the order in which they appear. The problem with this strategy is that the higher scoring questions generally appear toward the back of the paper. When students run out of time, this strategy means

that the questions they don't get to are worth the most marks – and the resulting loss of marks is significant. Rather than work from front to back, students need to use their reading time to work out which questions are worth the most marks. Then, when they begin writing, they can complete these questions first. In the situation where a student runs out of time, the questions they miss are those worth the least marks.

3. Read the questions carefully

Countless marks in examinations are lost when students fail to read questions carefully. Sometimes, they have focused on a couple of key words and assumed what they are being asked. Sometimes, in a question with multiple parts, they read the first part and ignore the rest.

To avoid this, students should read questions twice and use strategies to focus on the key points of the question such as: highlighting key instruction words that make it clear what the question is asking you to do (eg. identify, explain, describe, compare, analyse etc), rewording the question in rephrasing the question in your own words to clarify what it is asking, and rereading the question (and your answer) to confirm that your response matches the question.

4. Attempt everything.

The simple rule is answer everything – a wrong answer is better than a blank! Despite what students may believe, teachers actively look for opportunities to give students marks wherever they can. When students leave a question blank, they are guaranteed they will receive no marks; however, if a student attempts a question, offering any ideas, information or strategies they can think of, they have the possibility of at least gaining some marks along the way. These marks can be the difference between passing and failing. Sometimes, in trying to answer the attempt, students may find themselves recalling knowledge and understanding they didn't realise they had stored away!

Following the examinations, students will undertake the Year 11 and 12 Commencement Program from Monday 19 November to Friday 30 November. The Commencement Program will include one full two-week cycle of classes in which teachers will begin introducing the first units of work; as such, it is essential for all students to attend the full program. Students moving into Year 11 or Year 12 VCAL will receive information from the VCAL Coordinator about their Commencement Program.

Ms Tracey Kift
Deputy Principal Learning and Teaching Prep – Year 12

DIRECTOR OF PRIMARY

Celebration of Sacrament of Eucharist

I wish to congratulate our Year 4 students who celebrated the Sacrament of Eucharist for the first time on Sunday 14 October, coordinated by Ms Laetitia Malusu, Mrs Melinda Muir and the Year 4 team. It was heart-warming to see our students supported by their parents and families and by the College staff, many of whom were present on the day. It is at times like this

that I feel blessed to be a part of such a vibrant, faith-filled community.

Supervision of Students After School

Given the changes in our office areas, I wish to clarify that Primary Students who are not picked up by 3.40 will be sent to the new student reception in the main office. If students are not picked up by 4.00, we may send them to OSHC. This does not apply to Primary students who are waiting with secondary siblings.

Grooming

We continue to ask you for your support in adhering to grooming guidelines, particularly in relation to haircuts.

I refer to an extract from the guidelines in the student planner which states that -

- Extreme hairstyles are not permitted. This includes dreadlocks, **shaved hair less than a number 3 blade**, severe variations to hair length and/or colour etc.
- Hair must be natural in colour in the students' natural tones. Unnatural hair colours are never permitted. Tips and streaks that are different from the natural colour are not permitted.

This includes styles where lines or patterns have been shaved or cut into the hair.

Family celebrations or special occasions are not an acceptable reason for not following these guidelines. Grooming issues will continue to be followed up with infringements being given to students. In some cases where the infringement is a recurring problem, more serious consequences will be applied. These may include the student not being able to represent the school at events such as interschool sport or excursions.

Bricks 4 Kids

Please refer to attached flyer for details about this program.

Mrs Rosemary Bennett
Director of Primary

STUDENT WELLBEING

Wellbeing Element: Strengths and Emotions

Wellbeing Builder: Lasting Moments

The frenetic pace at which things are moving in the world today means that often great events that happen are quickly forgotten. People don't have time to maintain the joy and the positive feelings they experienced at the time. There is so much more to life than moving more quickly. Enjoying and relishing the journey is what it should be about.

Teaching children how to prolong and relive the feelings from magic moments is an effective way to build their wellbeing even further. Being able to do this is called savouring the moment.

There are tried and proven ways to savour the moment and several follow:

- When the moment is happening, take photos and record your feelings on your phone. After the experience, write down the positive emotions and feelings you had, then listen to the recording, look at the photos and read your story to relive the event again.
- When things are not going as well as they could for students and they are despondent, encourage them to relive their special moments. Ask them to tell you their story about the event and ask them to tell you more several times, they will soon bounce back to be more positive.

Parent Wellbeing:

A skill of social-emotional resilience is being able to control your impulses. Describe a time you have done this and how you could do it more often.

Engage in a daily gratefulness activity. It can be as simple as sharing something you are grateful for with the family each night around the dinner or, reflecting on the daily question found on the website "A Network for Grateful Living"

<https://gratefulness.org/practice/practice-space/?data=daily-question>

Positive Education:

How often do you have a great experience and feel positive emotions, but because of today's busyness before you know it... *it's over*.

Savouring is prolonging the great feelings and positive emotions you have.

- It's about slowing down, connecting with yourself to enjoy the moment.
- You can savour what is happening in the present right now or;
- special things that have happened in the past or;
- events that you are looking forward into the future,

Writing down how you feel allows you to go back and relive it again later.

Young children are experts at savouring, so we should all learn from them. They;

- seem to be able to stay connected to positive emotions for a long time
- happily relive the past, thrive on the present and excited for the future.
- Practise tuning your senses into savouring as often as you can. It;
- broadens and builds your engagement with yourself and others
- enables you to experience high levels of wellbeing through positive emotions
- reduces negative emotions such as feeling down.

Home Task: What are two things you can start doing to make the feelings of enjoyable experiences last longer.

QUOTE FOR THE WEEK;

"Good things don't happen in a hurry." German Proverb

Ms Nicole Pegler
Wellbeing Coordinator Prep
- Year 6

Anthony
Montemurro
Director of
Secondary

SECONDARY SCHOOL NEWS

Visual Arts and Design End-of-Year Exhibition

The 2018 Visual Arts and Design End-of-Year Exhibition will showcase the top VCE student work at Marymede as well as our winning entries from the Whittlesea Show.

The opening night will be held on Tuesday November 13 from 6.30pm in the SC Building, so save the date and mark it in your calendars because it is going to be spectacular.



Artwork by Kani Ahuonbar (Year 12)

Mr Jeremy Guzman & Mr Maurice Di Muzio
Head of Visual Arts & Head of Technology

Performing Arts Final Performance Examinations:

It's an exciting time for the senior students in VCE Drama, VET Dance and VCE Music as they present their final performances to external assessors.

On Monday 8 October, the VCE Drama students presented their Solos at Darebin Arts Centre, with characters such as 1800's murderess Lizzie Borden and Tokyo Rose, the female American forced to read propaganda during World War II. The VCE Music class have been presenting their group or solo works at a variety of venues around Melbourne. Congratulations to these talented musicians, and good luck to those who are still to be examined.

I extend the good luck to the VET Dance class, who will be presenting their solos this Friday, October 26. Marymede Catholic College is proud to have our first ever group of Year 12 VET Dance students representing the College for the VCAA exams. They will be performing learnt works from prominent choreographers in Melbourne in their chosen styles of contemporary and jazz.

Finally, a big thank you to Mrs Judita Kafetzis and Mr Matthew Carpenter for their support and hard work teaching VCE/VET Performing Arts this year.



Ms. Angie Bedford
Head of Performing Arts P-12

PRIMARY SCHOOL NEWS

Sacrament of First Eucharist

The Eucharist is, for Catholics, both a meal and a sacrifice. The Lord gave us the Eucharist at the Last Supper because he wanted us to share in the life of the Trinity; the loving communion of the Father, the Son and the Holy Spirit. In the Eucharist we are nourished spiritually, brought closer to God, again and again.

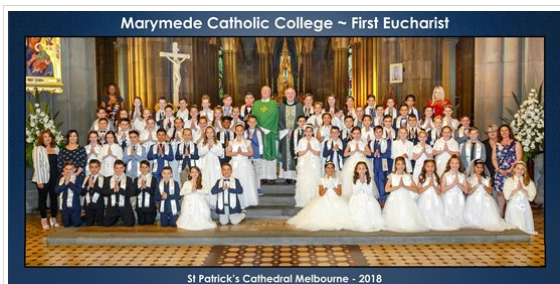
On Sunday October 14, Year 4 students from Marymede Catholic College celebrated their first Holy Communion at St. Patrick's Cathedral.

During months of preparation with Laetitia Malusu and the Year 4 teachers: Anna Damigella, Chantal Tabet, Simona Fazzolari, Anne Nangle and Josette Brancalone, our students learnt the significance of the Sacrament of Eucharist. Our first communicants had the opportunity to take part in a community Mass throughout the term where the wider Marymede Community prayed for them as they prepared for this Sacrament. They also received the Sacrament of Penance with the support of our College Chaplain, Fr. John Murphy. In addition, students also explored a workshop about the Sacrament of Eucharist. We thank Anna Liggieri and her Year 9 RE class for this wonderful opportunity that engaged the students through a different approach.



We thank Fr Martin Ashe and Fr. John Murphy who led us in celebrating this wonderful occasion. We also thank our parents for participating in the preparation process. The journey of faith continues.

By sharing in this meal, may we all come to recognise that we are all part of one body in humanity and in our faith. We become 'The Body of Christ'.



Ms Laetitia Malusu
Religious Education Co-ordinator - Primary

BUSINESS MANAGER

Solar Goes to School in South Morang

Towards the end of 2017 Marymede Catholic College commenced our journey towards implementing meaningful solar generation across our growing South Morang campus. In a plan then developed between our College and specialised energy strategy firm 'Mamachi', we are about to turn on our very own power plant!

A 270kW solar PV system - made from 981 (x 275w) panels and inverters has been installed by Autonomous Energy and is expected to be turned on by the middle of this term. We are now awaiting final permission to energise.

The installed system is projected to reduce our current annual consumption by over one third. From a sustainability standpoint, the system projects an average annual saving of 201 tonnes of CO₂, offsetting as much as 2,500 tonnes over a 10-year operating life.

Between 22 – 30% of the solar power produced may not be used by the College. The system that has been installed, offers up to 80MWh per year in generated, but not used, solar energy that can be stored in batteries.

This new system will provide learning and teaching opportunities in the classroom for all of our students, giving them the opportunity to study real world data, enhancing their understanding and knowledge of sustainability and energy conservation.

Mr Paul Romanin
Business Manager

COMMUNITY MASS

