



15 March 2018

FROM THE PRINCIPAL

Dear Parents, Staff, Students and Friends of our Marymede Community,

This week we have been celebrating Catholic Education Week in Victoria. The theme of the week is 'Open New Horizons for Spreading Joy'.

Our Director of Faith and Mission P-12, Mrs Melinda Muir, our Primary Religious Education Coordinator, Ms Laetitia Malusu and a group of both primary and secondary students will join over 2,000 students in a Mass to be celebrated at St. Patrick's Cathedral tomorrow. Marymede is first and foremost a Catholic school trying to be true to the Gospel.

House BBQs

Thank you to those families who were able to join our staff at the House Welcome BBQs over the last fortnight. I hope our parents enjoyed the opportunity to mingle with staff and other parents in their House.

Open Day – 25 March

Our Open Day will be held on Sunday 25 March from 11.00am to 2.00pm. It is always a fantastic day as the staff and students showcase the magnificent facilities we have at Marymede Catholic College to prospective families.

Interim Reports

Next week, staff will finalise their interim reports. These will be available for parents via PAM on Wednesday 27 March. While it is difficult at this early stage to report on all areas of our student's progress, it is important that parents are informed about how their children are performing.

Prep - 12 Parent/Teacher/Student Interviews – 28 March

The first day of Parent/Teacher/Student Interviews for both primary and secondary students will be held on Wednesday 28

March from 4.00pm to 7.00pm. The primary teacher interviews will take place in the teacher's classrooms whilst the specialist primary teachers i.e. Italian, Music and Physical Education and the secondary teacher interviews will be held in the Fitness Centre.

I urge parents to make a booking to meet your child's teachers. It is important that students attend the interviews with their parents so that they can be involved in discussions regarding their progress.

Term 1

The college will close for the first term holidays on Holy Thursday, 29 March. Classes resume on Tuesday 17 April. Parent/Teacher/Student Interviews for all P-12 students will take place on Monday 16 April from 1.00pm to 6.30pm. More information will be provided in our next Newsletter.

Staff Professional Development Day – 29 March

All of our staff will be participating in a Professional Development Day on Thursday 29 March. The staff will be working collaboratively in their year level and Domain groups planning their units of work for Term 2.

Enhancing Catholic School Identity Survey

The Catholic University in Leuven was commissioned by the Catholic Education Commission of Victoria Ltd (CECV) to design a process and tools based on sound research to accomplish the goal of understanding our current Catholic identity and where the school community might like to see it in the future. The ECSI Survey is a key element in this process. The online survey gathers responses from students in Years 5 to 12, all staff and a representative sample of parents.

In the coming week, parents and students will be invited to participate in the ECSI Survey which will assist us in better understanding how our Catholic Identity is expressed in work and practice here at Marymede Catholic College. At no time will any participant be named or identified in the survey; all responses are guaranteed to be anonymous.

I look forward to the contribution from our College Community, responses of which will assist us in improving our school.

Please contact me through the school office if you do not wish your child to participate in the ECSI Survey.

Primary College Carpark

I am pleased to be able to inform parents that work will begin after Easter on creating carpark areas in front of the Trade Skills Centre and around the Early Learning Centre. A temporary carpark area will be constructed across the road from the Primary School.

I ask for parental support in following the signs and directions which will be in place to allow the traffic to flow. It is important to be patient and courteous to other parents and our staff on crossing duty.

Student Pick-Up from Sick Bay

A reminder to parents that if you are collecting your child/children from the Sick Bay, parking is available via Gates A, B, E or F. It has come to my attention that some parents, when picking up their child from Sick Bay, are parking their cars at the Gate D entry. I ask that parents please refrain from parking in this driveway as the entire area needs to be kept clear for larger vehicles, such as trucks and ambulances etc. I thank parents for your continued support.

Lenten Prayer

In this season of Lent, we open our hearts to the counsel of God and take refuge in the shelter of his love. We listen for his still, small voice.

We pause in contemplation, taking time to assess our lives.

We reflect with gratitude on what has brought joy and examine with honesty that which has caused pain.

In the sanctuary of the wilderness, we find healing and peace.

Kind Regards,

Mr. Michael Kenny
Principal

DEPUTY PRINCIPAL LEARNING AND TEACHING NEWS PREP – YEAR 12

Parent-Teacher-Student Interviews

We will be holding progress interviews for primary and secondary students on **March 28 from 4-7pm** and **April 16 from 1-7pm**. There will also be an additional opportunity for interviews for secondary students only, from **May 1 from 4-7pm**. Please note that March 29 will be a student-free day.

Secondary School Interviews and interviews with Primary Specialist Teachers (eg. Italian) will be held in **The Fitness Centre**. Primary School Interviews with core teachers will be held in **Primary School Classrooms**. A list of room locations will be available on the day of interviews at the Main and Primary Offices as well as on the doors of each Primary House.

15-minute interviews are available with core teachers in primary and 10-minute slots are available with secondary teachers and

primary specialists; if there is a need for more time, parents are encouraged to contact teachers to arrange to meet at an alternative time, rather than book multiple slots during the scheduled interview sessions. Similarly, given the limited interview slots available, secondary students who have the same teacher for more than one subject are encouraged to book a single interview slot, rather than multiple slots with the same teacher.

We would strongly encourage students to attend the parent-teacher-student interview, particularly in their upper primary and secondary years in order to part of the conversation about their learning, progress, achievements and areas for development. Please note that they are not required to attend in uniform.

Term 1 **Interim Reports** for both primary and secondary students will be available via our Parent Access Module (PAM) from Wednesday March 28 at 9am. We would encourage all parents to have read this interim report prior to attending Parent-Teacher-Student Interviews.

Bookings for Interviews can be made on-line through the PAM which you can access via the College's website. Bookings can be made online from March 15, 2018 for Primary and Secondary School.

You can access the booking system in the following way:

1. Go to the College's website below:
2. Click the PAM icon as shown right:
3. Enter your **Logon** and **Password**.

<http://www.marymede.vic.edu.au>

Full instructions are provided to you after you log on however, please note the following points:

- When you log on, the system displays the names of your child/children. Please make sure you **complete all steps** in the booking process.
- If your child has a teacher for more than one subject, you are able to only book one timeslot.
- When you have made your bookings, you can **print a summary of your bookings** in time order.
- Please ensure that **the time settings on your home computer are correct** as if they are not then you will not see the accurate times when you make a booking.
- Please ensure that you select **SAVE** as you are making your bookings.
- Other parents may be making bookings at the same time that you are using the system. It is possible, though unlikely, that a timeslot will be displayed to you as available, but it is then booked by another parent shortly afterwards. If you then attempt to book this timeslot it will not be available, and a message will be displayed to indicate this.
- If you do not have internet access or if you encounter any problems using the system, please notify the College's Main Reception on 9407-9000 or the IT Helpdesk on helpdesk@marymede.vic.edu.au.

- Bookings can be made up to 9am on Wednesday March 28.

Ms Tracey Kift
Deputy Principal Learning and Teaching Prep – Year 12

DIRECTOR OF PRIMARY

After School Program - BRICKS4KIDZ

I have once again attached to this newsletter the flyer for the new initiative which the school is undertaking in the area of Science and Technology.

BRICKS4KIDZ is an after-school program for students from Prep to Year 6 to use Lego to explore concepts and to participate in creative thinking and problem-solving activities with a trained facilitator.

This updated flyer also includes information about School Holiday Programs on offer. More information, including contact details can be found on the flyer.

Mrs Rosemary Bennett
Director of Primary

STUDENT WELLBEING

Wellbeing Element: Exercise and Health

Wellbeing Builder: Self – Calming or Square Breathing

Social-emotional resilience is comprised of optimism and hope for the future, regulating emotions, controlling impulses, thinking flexibly, having empathy, self-belief and building social connectedness. What does each mean to you?

When students experience tense feelings and anxious thoughts about the school, self-belief, self-acceptance and friendship groups, their bodies respond with signals such as:

- tension in their necks and backs
- quickened and shallow breathing
- hot facial flushes
- anxious thoughts flooding through their minds
- disrupted sleep patterns

Teaching them emotional “off ramps,” self-calming breathing and other coping strategies enables students to reduce the intensity of negative feelings, boosts their wellbeing and social-emotional resilience. An effective technique for achieving this is Square breathing. They can do it anywhere and anytime they have a spare five minutes, when nobody around them is aware that they are square breathing.

Square refers to the fact that there are four parts to it which they repeat over and over again. Concentrating hard on the four parts distracts students’ emotional minds from their pressing issues and puts their rational minds in charge of their thinking. It increases their oxygen intake and blood flow to the brain which promote clarity of thought. Sometimes it is also known as box breathing

Concentrating on breathing deeply will release feel good brain chemicals, clear their minds and lessen tension and anxiety.

Home Task

As a family, read how to do “Square breathing” outlined on pg 34 of the Upper Primary or Secondary Student Planner. Describe two things you will start doing regularly to relax using square breathing.

Healthy Body, Healthy Mind

Your state of wellbeing and becoming your best you, relies on you being physically and mentally healthy. There are no shortcuts to good sleep, exercise, humour and breakfast. You have to mindfully focus on them using your signature and top supporting strengths.

See the flyer below for more positive education tips to develop your wellbeing.

Quote for the week

“It’s not what happens to you, but what happens in you.” W. Mitchell

Ms Nicole Pegler
Wellbeing Co-ordinator
Prep – Year 6

Mr Anthony Montemurro
Director of Secondary

CAMPUS CO-ORDINATOR PREP – YEAR 12

Mernda Rail Update

The railway works are moving along quickly, with the laying of rail having started. The works on either side of the railway station will impact on the Marymede community directly in the following ways:

To safely construct the new Marymede Station and pedestrian underpass, temporary footpath diversions and road closures will take place on the following dates from March 2018:

- **From 17-18 March**, Williamsons Road (east) will be closed to traffic and pedestrians.
- **From 19 - 29 March (6am-6pm)**, pedestrians will be temporarily re-directed through the underpass via a securely fenced pathway. Access will be restricted to traffic and pedestrians from 6pm-6am.
- **From 29 March - 15 April**, Williamsons Road (east) will be closed to traffic and pedestrians during the Term 1 school holidays.
- **From 16 April**, pedestrians will be temporarily re-directed around the underpass via a securely fenced pathway from Term 2.

The new pedestrian underpass and drop-off zone will be completed in mid-2018.

Further information and maps are attached:

Traffic Safety

The College has passed on two written reports from parents of unsafe truck behaviour near the Primary drop-off /pick-up

SECONDARY SCHOOL NEWS

LOTE News

Italian Tour 2018 Update

We recently held a second information night for Year 10 and 11 students and their parents. Planning for the tour is well underway and we look forward to sending approximately 15 students together with their teachers to our new Sister School at Scuola Media Stefano da Putignano in late November. Thank you to Mr Montemurro for his work so far in arranging the finer details of the trip.

Japan Tour 2018 Update

We are now in the process of matching students with their host families for our tour in early July at our new sister school Takakura High School and Ozaki City. Further details about cultural sessions to prepare students for the tour as well as our Pre-Departure Meeting will be sent out before the end of Term.

New Language Assistant

We would like to formally welcome our language assistant Yuko to the Marymede community. Yuko, who is from Japan will be assisting our Japanese teachers and students in the classroom. Yuko has lived in Australia for a number of years and our students are very excited for her to join them in their classes. She will visit a range of classes in the Primary and Secondary school throughout the year.

Ms Ashleigh Klar
Head of LOTE

D2 Drumline Workshop with Ralph Nader

On Thursday the 1 March, students of the Marymede Catholic College Drumline participated in a Drumline workshop with Campbell Phillips (Founder of D2 Drumline) and Ralph Nader (from BYOS and Disneyland California), currently on tour from The United States of America.

Our students impressed both guests with their skills, work ethic and concentration. They learnt a new chart called 'The Land' which was composed and choreographed by Ralph Nader. They then performed this piece for the Grade 5 students at the end of the day before all students were treated to an inspiring feature performance by Ralph and Campbell.

Here are some reflections of the day from two of the MCC Drumline's Section Leaders, Nicholas Melchiorre and John Roflo:

"The D² Drumline Incursion hosted by Campbell Phillips and guest Ralph Nader was an amazing and definitely deafening experience. The Marymede Drumline learnt new techniques that look stunning when put together. Overall, we will use these new skills in our weekly Drumline lessons."

- Nicholas Melchiorre, Cymbal Section Leader

"The fortunate members of the Marymede Catholic College Drumline were educated significantly on drumming technique. In the four hours of time that we were given, we had to improve our basics, learn an intricate routine and then finally, perform

zone on Williamsons Rd. Truck drivers have been warned that any further identifiable reports made will result in terminating their contract with Mernda Rail. If you notice unsafe behaviour, please note the number plate of the vehicle and report it to the College, this will be followed up. Mill Park police have also been notified by the College of cars double parking at peak drop-off and pick-up times and will be present in the area when possible. Please do not double park.

To reduce congestion:

1. Park and walk – park your vehicle further away from the College and walk with your children. Be prepared with umbrellas in your vehicle in case of wet weather.
2. Drive through the drop-off /pick-up zone to the end, following the directions of staff. This enables traffic to flow from Williamsons Road more readily. Be prompt with disembarkation.

Prep – Year 12 House Welcome BBQ's 2018

Hundreds of families have attended the House BBQ's where Preps and Year 7's have been welcomed with speeches from student leaders. A big thank you to the parents who have volunteered to assist and to all the staff members who have represented Marymede Hospitality so well.

Year 7 Camp

Preparations are well underway for the Year 7 Camp, held from 21 – 23 March at Camp Marysville. Year 7's are looking forward to three days of activities, sustainable practices and getting to know each other in a different learning environment. Any queries can be directed to jenny.priest@marymede.vic.edu.au.

Sibling Photos

There was an unprecedented demand for Sibling photos on Photo Day, 5 March, and all timeslots available were booked. We will be offering another evening in Term 2, yet to be confirmed. Those families who have already ordered on-line, but did not book a timeslot will be contacted to book in a timeslot in the first instance. Alternatively, you can cancel your order.

Remaining places will be made available to any other families interested in having Sibling Photos taken. Please be attentive to Marymede News for further information in Term 2.

Open Day 2018 – Sunday 25 March

This is a wonderful opportunity for your extended family and friends to see the College. We have wonderful student volunteers ready to take you on tours and talk with you about their experience from a student perspective. Please come along from 11.00am – 2.00pm.

Ms Julia Wake

Campus Co-ordinator Prep - Year 12

it. In good conscience, I didn't think it possible that such a perplexing drum piece could be learnt in such a small period of time. However, we were being trained by people who were known as some of the best globally and nationally. ... thanks to their assistance, we managed to pull off a great performance."

- John Roflo, Bass Section Leader

"Their piece ... was seemingly perfectly timed and so well-coordinated that I was stunned. I found it immensely remarkable to listen to such a presentation."

- John Roflo, Bass Section Leader



Ms Monique Zucco
Drum Instructor and Director of the MCC Drumline

PRIMARY SCHOOL NEWS

Primary Sport

Interschool Sports

Congratulations to the Boys 'A' Cricket and Soccer Team and the Girls 'A' Soccer Team who were undefeated in the Bridge Inn weekly competition. They will now go on to compete in the Whittlesea/Woodlands Division Competition. Thanks to Robert Grande, Alex Timms and Margie Hough for their efforts coaching the students.

Walk to School Day

Walk to School Day is on Wednesday March 28. Please meet at the corner of Williamson Road and Great Eastern Way at 8.00am. All students are to wear House uniform.

Swimming

We had a great result at the Division Swimming Carnival which was held at Northcote Aquatic Centre. Nine students have progressed to the Regional Championships, competing in the freestyle relay and various individual events.



Easter Extravaganza Reminder

On Wednesday March 28 the Primary Students will participate in the Easter Extravaganza. The Year 2-6 students will

participate in some fun Easter games such as Easter Egg hunt, Egg and Spoon, Bunny Hop just to name a few.

The Prep and Year 1 students will participate in the Easter Bonnet Parade. Parents are asked to make a simple Easter hat with their child at home. The parade will be held in the Fitness Centre between 9.15am to 10.00am. Parents are welcome to attend

Ms Liz Miles
Primary Sport Assistant

WHOLE SCHOOL

'Xanadu' Tickets- Now on sale!

'Xanadu' follows the journey of a magical and beautiful Greek muse, Kira, who descends from the heavens of Mount Olympus to Venice Beach, California. In 1980 on a quest to inspire a struggling artist, Sonny, to achieve the greatest artistic creation of all time – the first ROLLER DISCO! (Hey, it's 1980!) But, when Kira falls into forbidden love with the mortal Sonny, her jealous sisters take advantage of the situation, and chaos abounds.

Tickets are now on sale via TryBooking:

<https://www.trybooking.com/TVZH>

Book your tickets now as Saturday May 26 is almost sold out!



Photography credit to Helsen Cross

'Xanadu' Backstage Crew Announcement:

Congratulations to the following students and thank you to everyone who applied. We were so impressed by the level of preparation and enthusiasm. We remind Parents/Guardians to please complete the CareMonkey eform by Friday March 23.

Ms Angie Bedford
Head of Performing Arts Prep – Year 12

Follow Us on Instagram:

Parents can now follow our College on our official Instagram page via the link below

<http://www.instagram.com/marymedecatholiccollege>

Mr Matthew Luczek
College Registrar

PARENT'S AND FRIENDS

Parents & Friends AGM 2018

This will take place on **Tuesday 20 March, 7.30pm** in the Staff Lounge. Committee roles will be made available and a vote will take place based on nominations for positions received. If you would like to nominate for a position please fill in the attached slip and email to paf@marymede.vic.edu.au by Monday 19 March.

The Colour Run is proving to be very popular, scheduled for April 20th from 4.00pm – 6.00pm, please encourage your children to raise funds. These funds will contribute to large, colourful numeracy games being painted on the grounds. These games will support children's play at recess and lunch and also can be used by teachers during class time to develop numeracy skills and confidence.

Ms Julia Wake

Campus Co-ordinator Prep - Year 12

COMMUNITY MASS

