

## **MARYMEDE CATHOLIC COLLEGE COLOUR RUN – FRIDAY APRIL 20, 2018 FREQUENTLY ASKED QUESTIONS**

**Q 1. CAN I DROP MY CHILD/CHILDREN OFF AND LEAVE THEM AT THE SCHOOL WHILE THE EVENT TAKES PLACE?**

No, all parents must remain with their child/children and supervise throughout.

**Q 2. HOW WILL THE EVENT RUN?**

There will be an obstacle course laid out on the College Oval with volunteers at staggered colour stations along with volunteer CFA and Police located on the Oval. The children will participate in a minimum of one lap of the oval and are encouraged to continue for further laps if they wish to do so.

**Q 3. WHERE IS IT BEING HELD?**

On the Marymede Catholic College Football Oval.

**Q 4. WHAT TIME DOES THE COLOUR RUN START?**

The event will commence at 4:00pm sharp until 6:00pm

**Q 5. WHAT SHOULD I WEAR AND BRING?**

A white or black t-shirt and old pants or shorts (something that you don't mind getting stained with colour), and appropriate footwear. Please ensure you bring a towel for after the run and a water bottle.

**Q 6. WILL THERE BE FIRST AID IN ATTENDANCE?**

Yes, there will be qualified first aid volunteers in attendance.

**Q 7. WILL THERE BE FOOD & DRINK AVAILABLE?**

The Parents' & Friends Committee will be providing a sausage sizzle for all participants and some fruit and water will also be available after the event.

**Q 8. HOW DO I VOLUNTEER**

Please contact the P&F committee via the P&F email on [paf@marymede.vic.edu.au](mailto:paf@marymede.vic.edu.au)

**Q 9. WHAT DOES THE POWDER CONSIST OF?**

The colour powder used is all certified non-toxic and free of any heavy metals. Our bright colours are a combination of cornstarch, baking soda and food dye

**Q 10. CAN YOU PARTICIPATE WITHOUT REGISTERING ONLINE?**

Yes, however we ask that you contribute a \$5 donation prior to the event.

**Q 11. CAN SIBLINGS RUN THE COURSE TOO?**

Yes! If under the age of 5 years however, they will need to be supervised by their older sibling. If siblings are older than 5 years of age and have not registered please refer to Question 10.

**Q 12. WHAT DO I NEED TO DO ONCE I ARRIVE?**

Please make your way to the registration table before you commence your run as you will need to register and collect a wristband.

**Q 13. IF I HAVE CASH DONATIONS, WHAT DO I DO WITH IT?**

Please try and set up an online profile and continue to raise money through the school fundraising.com.au website. Prizes will need to be ordered online by the 4<sup>th</sup> May and will be distributed at school. Cash donations can be brought in on the day.

If you have any further questions please do not hesitate to email [paf@marymede.vic.edu.au](mailto:paf@marymede.vic.edu.au)