



Dear Students and Families,

Congratulations to all students who participated in last week's Co-Curriculum @ Home program! It is so wonderful seeing your enthusiasm and creativity in many of the challenges. Our hope is that these optional activities will inspire students to get outdoors, get their bodies moving, engage their creativity and even just try something new!

To celebrate National Science Week (August 14-22) we have included some special activities with a STEM focus. There is also a simple cooking challenge, colouring pages for all ages and skills, a mindful art exercise and more!

Congratulations to Romero (Secondary) for sneaking in to 4th position for the House Shield. While there has been no change in the primary leaderboard, there have been plenty of Co-Curriculum @ Home submissions from all houses last week. Congratulations to Chanel who once again have had the most submissions across all year levels, particularly from the secondary school.

Note: You can still earn house points from last week's activities, just follow the links to upload your submissions.

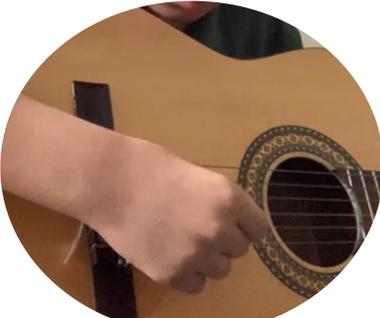
A few important things to note before you engage with these activities:

- When submitting any files for house points, make sure you include your full name & house in the file name so points can be tracked accurately (File name example: MELANIE WASON_MCAULEY_BASKETBALL CHALLENGE)
- Many of these activities are run by third party websites and are shared in good faith.
- Please always exercise caution online.
- Be extra safe for activities that have a practical element or require use of equipment.
- Primary students should check in with a Parent/Guardian first before participating in activities.
- All participation in this program must follow Marymede school rules & Conduct in the Online Environment information sent by Ms Hall.

Happy exploring!

Ms Melanie Wason
Co-Curricular Assistant

August 14 – 22 is National Science Week! This year's theme is "Food: Different By Design" [Click here](#) for even more science based activities.

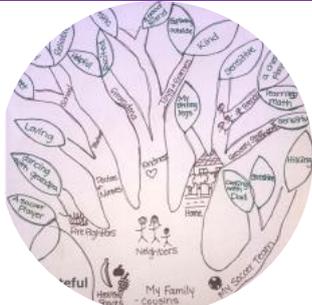
	<p>DIY SCIENCE: SHERBET FIZZ</p> <p>Try this interesting (And delicious!) science experiment using a lollipop and your own sherbet fizz. Click here for recipe</p> <p>Upload an image of your creation HERE to earn 5 house points</p>
	<p>DIY SCIENCE: LAVA LAMP</p> <p>Create your own lava lamp experiment using the instructions here.</p> <p>Upload a picture (Or a collage of pictures including your process) HERE to earn 5 house points!</p>
	<p>MATHS IN NATURE</p> <p>Discover symmetry, fractals, Fibonacci numbers, and more in flowers and leaves, and measure the height of trees using a simple geometrical trick</p> <p>Click here to download the activity instructions</p> <p>Complete the table on page 2 and upload it HERE to earn 5 house points</p>
	<p>VIRTUAL STORYTIME – STEM THEME</p> <p>Celebrate National Science Week with authors from the exciting new book series Aussie STEM stars.</p> <p>Join award-winning authors Claire Saxby and Emily Gale as they showcase the book series and describe what it's like writing the biographies of STEM superstars.</p> <p>The STEM stars themselves will then challenge you with a range of exciting STEM-based activities for children to problem-solve, design and get creative with.</p> <p>Program suitable for children ages 8-12.</p> <p>Click here to sign up</p>
	<p>PAPER AIRPLANES</p> <p>Try out these clever designs to create the best paper airplane! See if you can create your own design to go further, or higher</p> <p>Upload a photo of you making your airplane, or a video of your creation in flight HERE to earn 3 house points</p>
	<p>MUSIC CHALLENGE</p> <p>Try something new! There are so many tutorials online for simple songs to play along to. Submit a short video of you playing your favourite instrument to earn 5 house points.</p> <p>Don't have an instrument? No problem!</p> <ul style="list-style-type: none">- Show us your best 30 second guitar solo- Grab some pens or cooking utensils (be safe!) to use as drum sticks and make up a short drum solo



MARYMEDE MASTERCHEF

Banana pancakes are delicious at any time of the day!
[Try this simple recipe](#) (only 3 ingredients!) for a delicious and healthy meal.

Earn **5 house points**, [upload a photo of you cooking here](#).



CREATE YOUR OWN "ME TREE"

Use this activity to reflect on the unique things that make you – you, and the people and communities that surround and support you. You can find instructions [HERE](#)

Earn 3 house points, scan your completed tree or take a photo and upload it [HERE](#)



YOGA

Get your body moving with this [Yoga for a flexible mind and body](#)

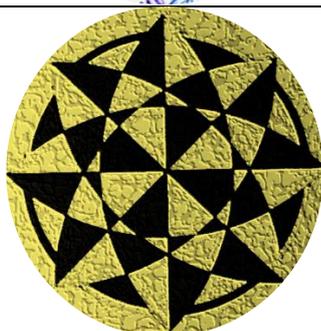
Want to earn house points? Dress up in your house colours, and [upload a photo here](#) of yourself trying a challenging yoga pose (1 point per submission. +1 point for costume creativity)



COLOURING PAGES

Crayola have so many great (FREE!) colouring pages for you to print and colour.

[Click here](#) to find your favourite, then upload a photo [HERE](#) to earn house points. 1 point for each completed art work



GEOMETRIC ART

Get creative with textures, colours and techniques. Download and print this [template here](#), and see how many shapes you can turn into different artworks!

Upload your completed artwork [HERE](#) to earn up to 5 house points



SHADOW TRACING

You will need:

- Something to draw on
- Something to draw with
- A "model" (could be a plant, a toy, a fruit... anything you think is an interesting shape)
- A light source (the sun is great for this!)

Set up your model so that it casts a shadow onto your paper, then trace around the object.

Get as creative as you like! You could,

- Add in extra models to create a scene

- Add colour and textures to your artwork
The possibilities are endless!

Upload your masterpiece [HERE](#) for 3 house points



BRINGING THE ZOO TO YOU!

Zoos Victoria are on a mission to make you smile and Animals at Home may be just be the escape you need.

Bring the zoo to life from anywhere around the world with live cams, keeper talks and other virtual updates.

[Click here for the virtual experience](#)

EXTERNAL COMPETITIONS & OPPORTUNITIES



PREMIER'S SPIRIT OF ANZAC PRIZE 2021

Are you an artist, digital presentation creator or writer?
Enter the Premier's Spirit of Anzac Prize 2021 now for the opportunity to: explore Australia's proud and significant war and peacekeeping history, and enter to receive a \$2,500 scholarship to support their education
Full details can be found on the [Victorian Government](#) website – carefully read all the entry requirements
Entries must be submitted before 27 August 2021.
Contact Ms Cymbalak for assistance and with any questions you have.



AUDITIONS: WE WILL ROCK YOU ARENA EXPERIENCE

From the producers of THE WIZARD OF OZ - ARENA SPECTACULAR and GREASE - THE ARENA EXPERIENCE, comes this all new arena production of WE WILL ROCK YOU, bringing the music of Queen to life on stage like you've never seen it before. The show features a professional principal cast - including singing sensation PAULINI as Killer Queen - surrounded by an amateur mass ensemble of over 500 performers, and this is your chance to be part of it!
Open to performers aged 10-24. More info [HERE](#)



MONDAY 16th AUGUST IS RSPCA CUPCAKE DAY

Grab your apron and preheat those ovens – Cupcake Day is returning on **Monday 16th August**.
Each year, more than 124,000 animals turn to the RSPCA looking for help. This year, you and your utensils have the power to serve up love, care and forever homes to each and every one.
Whether you're whipping up doughnuts, lamingtons, brownies or traditional cupcakes, the funds you raise at your Cupcake Day event help rescue, rehabilitate and rehome animals in need all over the country. Invite your workmates, schoolmates and regular mates along for a sweet-tastic, slobber-filled gathering.
With a pinch of community and a cup of good conversation, your Cupcake Day event has the potential to bake real change.
[CLICK HERE](#) for recipe ideas and to see how you can get involved



PAWSOME STORIES – COMPETITION CLOSING TUESDAY 17th AUGUST

Are you a student in years 3-6 with a pawsome story to tell?
[The RSPCA's Pawsome Stories](#) is a writing competition inviting you to send us your best piece of work and be in the running for some fantastic prizes. We want to put your writing skills to the test while hearing from our next generation of animal welfare advocates!
Please send your entries, or clear photos of your entries, to pawsomestories@rspcavic.org.au
You have until 17 September 2021 to submit your work

HOUSE SHIELD LEADERBOARD UPDATE
(Correct at 13/08/2021)



Primary

1st	ROMERO
2nd	CHISHOLM
3rd	MCAULEY
4th	CHANEL
5th	MCCORMACK
6th	MARCELLIN

Secondary

1st	MCAULEY
2nd	MARCELLIN
3rd	CHANEL
4th	ROMERO
5th	CHISHOLM
6th	MCCORMACK