

Dear Students and Families,

Please find attached this week's edition of CC@Home.

Congratulations to Chanel house who were the house movement champions last week! They have now overtaken the top spot for the secondary competition!

This Tuesday 31st August is "World Distance Learning Day", a day to be thankful for the distance learning opportunities we have and the countless resources that are available to use. We again encourage students to get moving daily and submit their activity either through the Strava app or by writing down their daily activity and having a parent/guardian sign off on it before submitting [HERE](#) at the end of the week to earn house points.

This week, Dance Club @ Home is back! Enjoy a special dance warm up & routine created especially for Marymede students, then film yourself performing the dance at the end of the video to earn house points. We have the return of the wildly popular Marymede Masterchef & Art Challenges, and there is a lot to learn about frogs with an opportunity to contribute to Melbourne Water's monitoring program.

Note: You can still earn house points from last week's activities, just follow the links to upload your submissions.

A few important things to note before you engage with these activities:

- When submitting any files for house points, make sure you include your full name & house in the file name so points can be tracked accurately (File name example: MELANIE WASON_MCAULEY_BASKETBALL CHALLENGE)
- Many of these activities are run by third party websites and are shared in good faith.
- Please always exercise caution online.
- Be extra safe for activities that have a practical element or require use of equipment.
- Primary students should check in with a Parent/Guardian first before participating in activities.
- All participation in this program must follow Marymede school rules & Conduct in the Online Environment information sent by Ms Hall.

Happy exploring!

Ms Melanie Wason
Co-Curricular Assistant



LEGOLAND FUN HUB

[Bring the LEGOLAND magic to your home!](#) Learn how to make stop motion films, watch LEGO workshops, make cool LEGO builds and more! All you need is the LEGO at home!

EARN 3 HOUSE POINTS: Upload a photo of you in action, creating your lego masterpiece [HERE](#)



MARYMEDE MASTERCHEF

[CLICK HERE](#) to access this week's recipe challenge, supplied by Paralympics Australia! (If you have any allergies or dietary restrictions, feel free to submit your creations using a different recipe... [these 3 ingredient bounty balls](#) are so easy and so delicious!

There are also a heap of great options for other recipes [HERE](#)

EARN 3 HOUSE POINTS: Upload a photo of yourself cooking [HERE](#)



WORLD DISTANCE LEARNING DAY

Why not write a letter, or make an art work for a special teacher, to thank them for all their hard work and supporting you during online learning!

EARN 5 HOUSE POINTS: Upload your message or artwork [HERE](#) with the name of the teacher they are for, I will make sure the message is received and you are guaranteed to put a smile on their face!



CRAFTY CREATURES

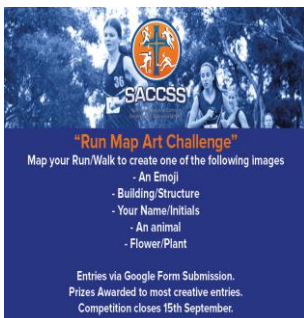
Get creative and make your own Snail out of a paper plate, paint and glue. [Click here for all the steps.](#)

Want a more eco-friendly option? [Here is a great video](#) tutorial to inspire your imagination so you can create a little bird or small animal out of things you find in your garden!



WACKADOO! [Try this Bluey Tube Toy](#)

EARN 2 HOUSE POINTS: Take a photo of your crafty creatures and submit them [HERE](#)



SACCSS Run Map Art Challenge 2021

Map your run/walk to create an interesting image!

Conditions of Entry

1. Can be a walk or run.
2. Entry submission must contain map and time stamp/run data for verification purposes.

NOTE: submissions will not be judged on distance or time, winners based on creativity of run map. This is not a Marymede-run competition

<https://saccss.com.au/>



SCIENCEWORKS – LET’S MAKE SOMETHING

Can't make it to Scienceworks? [Take a virtual tour](#) of the exhibitions, hear from a museum expert, dive into learning resources or get inspired by a range of family-friendly activities.

[Make a model of the lung](#)

[Let’s Make a Rainbow](#)

[Make Your Own Ball Run](#)

EARN 3 HOUSE POINTS: Upload a photo of your completed activity [HERE](#)



PUZZLES

Put your problem solving skills to the test with [one of these online puzzles](#) supplied by Scienceworks

EARN 3 HOUSE POINTS: Screenshot your final puzzle (with the time in the image) and submit it [HERE](#)

The fastest time (for primary & for secondary) will earn an additional **5 points!**



GARDENING CLUB

Did you try out the veggie scraps challenges last week? Upload your photos below to show the progress of your plants!

It’s not too late to get started! Click the links below for tutorials

[Spring Onions](#)

[Carrots](#)

[Celery](#)

EARN 2 HOUSE POINTS: Take a photo every day of your plant’s progress, add the photo in to this template and upload it [HERE](#)



SECRET TREEHOUSE MEDITATION

Take some time to relax, [with this 16-minute meditation](#). This guided meditation helps you imagine a secret treehouse!



FINDING BUSH RAINBOWS

Going for a walk can be much more than just exercise. You may also be surprised at how many words and numbers you find as you walk around your neighbourhood. [Join Aneke as she walks around her local park](#) to look for colours in nature.

You could also use [this scavenger hunt](#) template and see how many items you can find in your local area?

EARN 2 HOUSE POINTS: Upload your completed scavenger hunt or bush rainbow [HERE](#)



DANCE CLUB

Thankyou to Mr Russo for this very special 16 minute Dance Club session!
[CLICK HERE](#) to access the video.

Make sure that you have a safe space to dance in, and check that it's ok to make some noise.

EARN 3 HOUSE POINTS: Upload a short video [HERE](#) of you doing the final dance at the end



MAKE YOUR OWN VR HEADSET!

The Melbourne Zoo Gorillas are going virtual! See below to learn how to make your very own Virtual Reality glasses at home and join the Gorillas at Melbourne Zoo.

Step 1: Make your own VR glasses with [these instructions](#)

Step 2: Watch the video [HERE](#) through your new glasses

EARN 5 HOUSE POINTS: Upload a photo of your completed project [HERE](#)



PODCAST RECOMMENDATIONS (Via ABC Listen)

These podcasts are interesting for all ages!

[IMAGINE THIS:](#) Have you ever wondered how bees make honey? Or how do fish breathe underwater? This is a series of puzzling science questions from inquisitive young minds

[Little Yarns](#) explores the diverse languages, stories and countries of Indigenous Australia

[Nature Track](#) is a podcast that opens a window on the beautiful sounds of the Australian wilderness. These long, uninterrupted soundscapes are the perfect relaxing soundtrack for your work, exercise, meditation or sleep.



FROG FUN

Frogs play an important role in the waterway ecosystem and are easily affected by changes to their environment. Get involved in Melbourne Water's community frog monitoring program, and collect data to help manage frog populations and raise awareness of waterway health issues. [You will need to download an app for this](#), so make sure you have parents permission.

Want to learn more about frogs? Check out this Info booklet [HERE](#)

We love this activity at our house: [Make a frog habitat](#) out of recycled scrap materials. Eco friendly and fun!

EARN HOUSE 2 POINTS: Upload a screenshot of the data you collect through the app, or a photo of your completed frog habitat [HERE](#)



ART CHALLENGE: SELF PORTRAITS

Create a self portrait for three days in a row. Notice how your artwork changes day by day!

Use one of the ideas [HERE](#) for inspiration, or create your own!

EARN 3 HOUSE POINTS: Upload a photo of your completed portrait [HERE](#)



HOUSE MOVEMENT CHALLENGE

Get moving, get involved, get house points! [CLICK HERE](#) for more information on how you can earn house points using your daily exercise.

Don't have access to strava? No problem, take a screenshot of your daily activity using a different tracking app, compile the screenshots into a word document and upload it [HERE](#) at the end of the week

OR

Write down your daily activity for each day and have it signed up by a grown up at the end of the week and submit a photo/scan it [HERE](#)

The house with the most points at the end of each week will receive an additional 50 points

HOUSE SHIELD LEADERBOARD

Updated 30/8/21



PRIMARY

1st	ROMERO
2nd	CHISHOLM
3rd	MCAULEY
4th	CHANEL
5th	MCCORMACK
6th	MARCELLIN

SECONDARY

1st	CHANEL
2nd	MCAULEY
3rd	MARCELLIN
4th	ROMERO
5th	CHISHOLM
6th	MCCORMACK

GOOD LUCK EVERYBODY!