

Dear students and families,

With the return to remote learning this week, we are delighted to offer some fun, optional activities for you to complete at home while on the Co-Curricular program is reduced on-campus.

This week includes a basketball skills challenge, cooking challenge, colouring pages for all ages and skills, a rocket ship tutorial and more!

Well done to Romero (Primary) and McAuley (Secondary) who are leading the Co-Curricular House Shield Competition. See below for further opportunities to win House Points this week



Primary

| | |
|-----|------------------|
| 1st | ROMERO |
| 2nd | CHISHOLM |
| 3rd | MCAULEY |
| 4th | CHANEL |
| 5th | MCCORMACK |
| 6th | MARCELLIN |

Secondary

| | |
|-----|------------------|
| 1st | MCAULEY |
| 2nd | MARCELLIN |
| 3rd | CHANEL |
| 4th | CHISHOLM |
| 5th | ROMERO |
| 6th | MCCORMACK |

A few important things to note before you engage with these activities:

- When submitting any files for house points, make sure you include your full name & house in the file name so points can be tracked accurately (File name example: MELANIE WASON_MCAULEY_BASKETBALL CHALLENGE)
- Submissions must be uploaded by 4pm on Friday 13th August to earn points
- Many of these activities are run by third party websites and are shared in good faith.
- Please always exercise caution online.
- Be extra safe for activities that have a practical element or require use of equipment.
- Primary students should check in with a Parent/Guardian first before participating in activities.
- All participation in this program must follow Marymede school rules & Conduct in the Online Environment information sent by Ms Hall.

Happy exploring!

Ms Melanie Wason
Co-Curricular Assistant



BASKETBALL SHOT CHALLENGE + COMPETITION

Set a timer for two minutes and see how many hoops you can score
See if you can add some creativity to your shots!



EARN HOUSE POINTS: Take a video of your efforts and [upload it HERE](#) for 3 points (An extra 5 points will be awarded to the most creative submission... Remember to play safe though!)

Don't have a basketball hoop? NO PROBLEM!

Grab a basket, bucket, box... anything that would work as a "hoop" and a suitable size ball

Set a challenging distance mark, and ... shoot!

Challenge your family to see who can make the most shots!

MARYMEDE SPACE RACE

Space exploration shouldn't just be for billionaires! Make a rocket out of baking soda and vinegar and see how high it can soar!

[Click Here for instructions.](#)

NOTE: this activity should be done outdoors in an open space!

[Upload a photo of your rocket, or a video of the launch HERE](#) for 5 house points

BONUS: If we receive at least 10 submissions, an extra 5 Points will be awarded (each) for

- The highest launch
- The most creative rocket design



BACKYARD BUG HUNT

[Click here to access Museum Victoria's Bug outdoor scavenger hunt](#), either in your backyard or a space park/outdoor.

Be cautious when encountering the bugs, and do not cause them any harm or disturb their habitat.



To earn 5 house points, upload a photo or photo collage of the bugs you found. Please submit one photo only and [upload it here](#)

CARDBOARD CREATIONS

Gear up for the Day of Play with the Cardboard Challenge! Students are invited to build something awesome out of cardboard and recycled materials. Games, a ball maze, robots, spaceships... let your imagination run wild!



Upload a photo or video of your creation [HERE](#) to earn 3 house points



SONGWRITING COMPETITION

Entries are now open for the Australian Children's Music Foundation National Songwriting Competition.

Not a musician, but love writing songs? Get in touch with Ms Wason via email, and she will chat to you about teaming up with someone who can perform/record your song for you!

[Click Here](#) for more information, or to submit your original song for the competition



Earn up to 10 house points: Upload a picture of your completed entry form, or your song [HERE](#)



AMONG THE FLOWERS...

Do you have a garden? Have a look around and see if you can spot 10 different types of plants. Take photos of each plant and compile them into a word document

[\(You can download a template HERE\)](#)

Go further: See if you can identify the plants in your garden – List the name of the plants, or just write about what you like about them



Upload your word document of your plant pictures [HERE](#) for 3 points.



MOVEMENT CHALLENGE

Get your body moving with this [22 minute Yoga "to feel your best"](#)

Want to earn house points? Dress up in your house colours, and [upload a photo here](#) of yourself trying a challenging yoga pose (1 point per submission. +1 point for costume creativity)



CODING

Try a one-hour tutorial designed for all ages in over 45 languages. Join millions of students and teachers in over 180 countries starting with an Hour of Code.

[Click here to get started!](#)



When you're finished, upload your dance [HERE](#) to earn 3 house points (Remember to include your full name as part of the file name)

ART TIME

Feeling creative? Try your own abstract "[Scribble Drawing](#)". Start with a single line – curved, straight, let your imagination guide you... Then continue from there, adding extra layers, concentric lines, intersecting shapes, whatever you feel. Add some colour or cut out sections...

[Upload your masterpiece here to earn 3 house points](#)

Need more guidance? Download one of these colouring pages to complete instead!

[Moana Colouring Page](#)

[Fox Colouring Page](#)

[Dragon Colouring Page](#)

Upload a photo or scan your completed image and [submit it here](#) to earn house points (1 point per completed artwork)

Note: If you don't have access to a scanner, you may complete the colouring pages digitally



READING CLUB

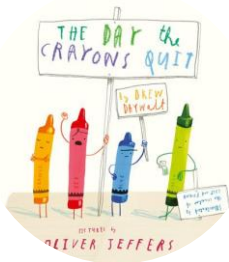
[Click here](#) for a virtual storytime. This week's book is "The Day The Crayons Quit" by Adam Dewalt illustrated by Oliver Jeffers.

You might want to create your own story about your own crayons! Get creative with your storytelling skills and upload it here for 5 house points

IDEAS:

- Make the story into a short movie (Under 1 minute) with your crayons/pencils as the characters
- Draw and illustrate your own short story (take photos of your pages, or add your illustrations into a word document)
- Draw a picture (Like Duncan did in the story!) to use every colour you own

Submit your story or artwork [HERE](#) to earn 4 house points



MARYMEDE MASTERCHEF

Join a family member in your home to cook; it could be your favourite chocolate cake or your favourite macaroni and cheese. Let's see how you make your delicious meal and the end result. Make sure you have parental permission and assistance and work safely in the kitchen.



Earn 5 house points, [upload a photo of you cooking here.](#)



MAKE A BIRD FEEDER

Make a bird feeder from recycled materials and invite birds into your yard!

[Click here for the instructions.](#)



Earn 5 house points, [upload a photo of your bird feeder here](#)



