

Get involved with Co-Curriculum @ Home

WHY get involved?

HOW to get involved?



New skills

- New interests
- Brain breaks
- Try before you buy
- Win House Points

Look through the slides for instructions on each activity

Complete the challenge & take photos (or get someone to take them for you

<u>CLICK HERE</u> to upload your co-curricular @ home submissions!

When you return to face-to-face learning, you might consider joining one of the ail You can always email Ms Wason for more information on any activity

Melanie.Wason@marymede.vic.edu.au

- Co Curricular Assistant

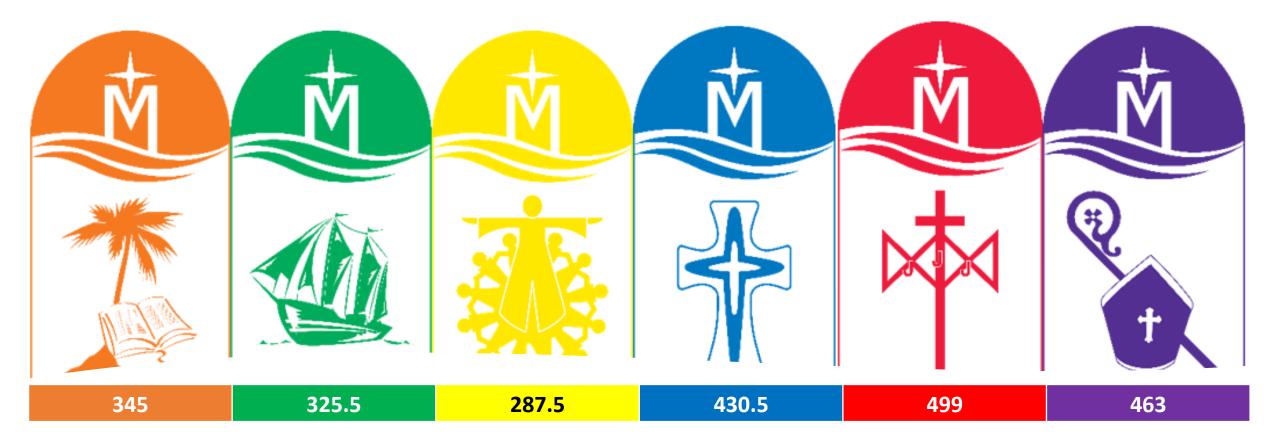


House Points

Last term some of you earned:

- 10 points per term for eligible lunchtime activities
- 15 points per term for eligible before/after-school activities
- 50 points for activities that involve a significant commitment out of school hours (e.g. Gamechangers, *Moana Jr.*)

House Points @ Home



ROMERO	MCAULEY	MARCELLIN	CHANEL	CHISOLM	MCCORMACK
463	430.5	287.5	345	325.5	499

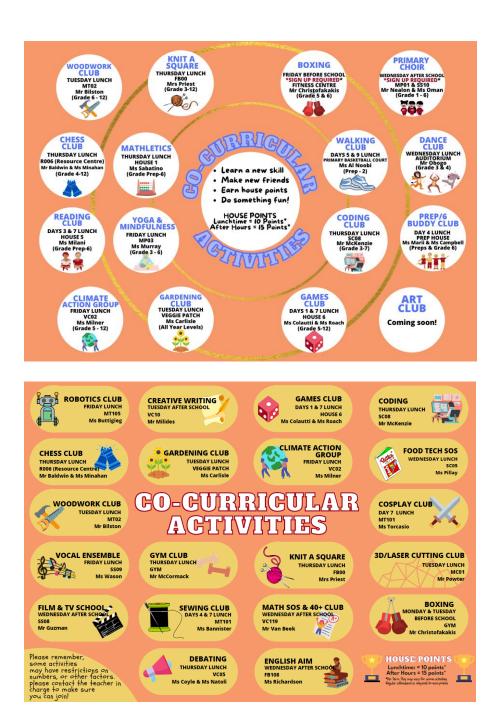


DRESS IN YOUR HOUSE COLOURS!

- Show your house spirit!!
- Dress in your house colours for your online learning on TUESDAY!
- Bonus points available!



BONUS POINT AVAILABLE FOR CREATIVITY! ALLOCATED BY YOUR CORE/TUTOR TEACHER



Challenge Yourself

- What can you contribute?
- What could you learn and add to your skill set?
- How will you <u>get involved</u> in term 3?



KNIT A SQUARE

- Knit-a-square has distributed over 90,000 blankets since 2008 to warm and comfort the cold, orphaned or vulnerable children of South Africa.
- Marymede hosts a Knit-A-Square group every Thursday at lunchtime in the Founders Building to create squares to send to KAS to be combines & distributed to families in need.
- Regular attendance can earn up to 10 points per term!



Submit a photo of your knitting Creation = 2 House point

ART CLUB



One of the great things to come out of 2020's extended lockdowns was the creativity displayed by millions of bored people over the world.

This art challenge posed by the Getty Museum in California invited people to recreate their favourite artwork using what they had at home. (Like this "Cat with a Purrrrl Earring"!)

My challenge for you:

Recreate an artwork using items/people in your home or backyard.

You can do this however you like, if you'd like to paint or draw your own representation, go for it!

Look through the <u>list here</u> for further instructions The <u>National Gallery Of Victoria</u> has a great online library of artwork to help you choose an inspiration image.



Submit a photo of your creation = 3 House points

Write 100 words about why you chose the original artwork. What did you like about it? = 2 House Points

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MUSIC CHALLENGE

Have an instrument at home but never played it? Now is a great time to start learning!

There are so many great beginner tutorials on the internet to get you started with a few chords or scales.

Submit a video of what you can achieve!

If you get stuck, Ms Wason would be happy to help so please email me for some tips or a quick intro lesson!



Do you play an instrument? Submit a video of yourself playing your favourite song = 3 House Points

Marymede Couch Choir

How does it work?

- 1. Students learn the song (You Got a Friend In Me Randy Newman)
- The lyrics are <u>HERE</u>, and there is a vocal guide video on <u>youtube</u>, so sing along with the guide track while reading the lyrics.
- Once you're comfortable with the song, practice with the BACKING TRACK (on onedrive, here)
- 2. Record yourself singing either the whole song, or just a section of the song
- You will need two devices
- Please use the backing track (that has no background singing) playing via headphones on one device
- Record yourself singing along to the track, using another device (so the recording doesn't pick up the backing track, only your voice)
- 3. Upload your video HERE by Monday 4pm
- 4. Celebrate your contribution with a 30 second dance party, and wait for the finished project!

Ms Wason will cut all the videos & audio together to create a virtual choir video









SCAVENGER HUNT



Gratitude Scavenger Hunt For Kids

1. Find something outside you enjoy looking at 2. Find something that is useful for you 3. Find something that is your favorite color 4. Find something you know someone else will enjoy 5. Find something that makes you happy 6. Find something that tastes good 7. Find something that smells amazing 8. Discover something new 9. Find something that makes you feel safe 10. Find something that makes a beautiful sound 11. Find someone you are grateful for 12. Find something that is unique to you 13. Find something that makes you laugh 14. Find something in the night that you enjoy 15. Find something in the morning that you enjoy 16. Find a friend/pet that you love spending time with 17. Find your favorite place to spend alone time 18. Find something that reminds you of the people you love 19. Find something that you enjoy doing outside with friends 20. Find a place that you love Natural BEACH XLIVING

Complete one of (or both of) the scavenger hunts attached. Send photos of all the items/activities you tick off! = 2 House Points per hunt

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CHESS CLUB ONLINE

- Chess Club has moved online for the duration of the lockdown!
- Email Mr Baldwin for more information
- Chess Club meets on Thursdays in the resource centre
- Students can earn up to 10 points per term, and have the opportunity to compete in the SACCS chess competition



FUN DATES THIS WEEKEND...

July 23 is Vanilla Ice Cream Day. Celebrate this unofficial holiday of unknown origins by eating as much vanilla ice cream as you want without any guilt.

How to Celebrate?

- Do we need to say anything else other than it's Vanilla Ice Cream Day! Eat as much ice cream as you can possibly eat.
- Having pancakes for breakfast? Add a dollop of vanilla ice cream with it. Brownies for dinner? Add a scoop of vanilla ice cream. Smoothies for an after workout snack? Add a few scoops of vanilla ice cream. Well, you get our point.
- Want to create your own vanilla ice cream? Check out <u>THIS RECIPE</u>!

July 25 is Culinarians Day, an unofficial holiday that honours all cooks and chefs who bring good taste and great food in people's lives.

How to Celebrate?

- If you personally know a chef or a cook, send them a thank you note or a thoughtful gift.
- Make a special dinner for the person who cooks for you every day.

Did You Know...

• ...that the hat chefs wear is called a *toque blanche* (white hat in French)? It is believed that the height of the toque represents seniority and rank in the kitchen and the folds in the hat represent the qualification of the chef.



Submit a photo or time lapse video of your creation in the kitchen = 1 House point



FUN DATES THIS WEEKEND...

July 24th is Cousin Day. Cousins are fun to be with – they are almost like your siblings but you don't have to share all your prized possessions with them all the time. Celebrate them on Cousins Day, an annual celebration of the special bond you share with your cousins.

How to Celebrate?

• Send a note or message to your cousins wishing them a happy Cousins Day. Tell them that you love them and you care about them.

Did You Know...

• ...that a genogram is a type of a family tree that includes medical, hereditary, and psychological information about the members of the family?

July 26th is Aunt & Uncle Day

Honor all the awesome uncles and aunts in your life on Uncle and Aunt Day. The unofficial holiday is celebrated every year on July 26.

How to Celebrate?

- Call your uncles and aunts or make them a card to wish them a happy day, or thanking them for all the fun things you have done together and learned from them.
- Write a story about a memorable day you spent with your favourite aunt or uncle.

Did You Know...

• ...that "say uncle" is a phrase popularly used in the United States and Canada and is usually used to concede defeat in a game or match?

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Write a story or poem about your cousins, aunts or uncles. It could be a funny memory, or a fiction story with your special people as the characters = 1 House point



Don't forget to upload your submissions <u>HERE</u>